

HEALTH CHECK UP DAY - 2026

**VENUE: JIJAMATA KANYAPRASHALA BARSHI , S.S.S.P.M's
COLLEGE OF NURSING, BARSHI**

On 25th JAN. 2026 we celebrated "Health check up Day" in Jijamata Kanya prashala campus, Shri Shivaji Shikshan Prasarak Mandal's College of Nursing, Barshi from 10 am to 5 noon

"A HEALTH CHECK UP IS A SERIES OF MEDICAL TESTS THAT ASSES OVERALL HEALTH AND IDENTIFY POTENTIAL HEALTH RISKS." CHECK UP CAN INCLUDE PHYSICAL EXAMS, BLOOD TESTS, AND OTHER SCREENING.

The theme opening is done by Smt. Surekha Dangare Mam (Principal) at 10:00 am, following the event at 10:30 am lecture given by Principal madam regarding the Checking overall health, Madam told Health check up includes blood pressure, blood sugar, cholesterol, liver function, kidney function, complete blood count, Why Regular Health check up is necessary. How checkup can help you make lifestyle changes to reduce risk of disease.

During this session in the programme teachers were participated Ms Bachute Guljar, Ms Dambre Pratiksha, Ms Ghanane Shubhagi, Mr. Sachin Gaikwad HOD NSS Ms. Mohini Talbhandare, Ms. Guljar Bachute, NSS Coordinator. 10 students are participated from 9th 10th class from Jijamata Kanya prashala Barshi.

Finally the students give medication from JMH Hospital and health education for further complication.....

Principal sign.

Principal

S.S.S.M. College
of Nursing, Barshi

